

# HEY, Ms. Vice President, What's in *YOUR* Bag?

MODE ROAD

PHOTOS BY MONICA STEVENSON  
STYLING BY THOM DRIVER

A well-cut suit. A great white shirt. A *CHIC* scarf. Maybe you can't carry off low-rise pants and sheer blouses, but you can still say "STYLE" with these classic, quality pieces. Turn the page. →



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MODE ROAD

## The Goods

You're successful and you don't have to answer to anyone about what you buy. So go for it! Especially since these luxury pieces are timeless enough to weather many seasons.

**1. LONGCHAMP** Le Pliage clutch-cosmetic case, \$48, in Burnt Orange canvas with leather trim (888-828-8081 or 212-343-7444, [www.longchamp.com](http://www.longchamp.com))

**2. HARTMANN** Mobile Carry-All, \$425, in Tweed with belting leather trim. Features center divider for files, and organization panel for cell phone, PDA and business cards. (800-331-0613 or 615-444-5000, [www.hartmann.com](http://www.hartmann.com))

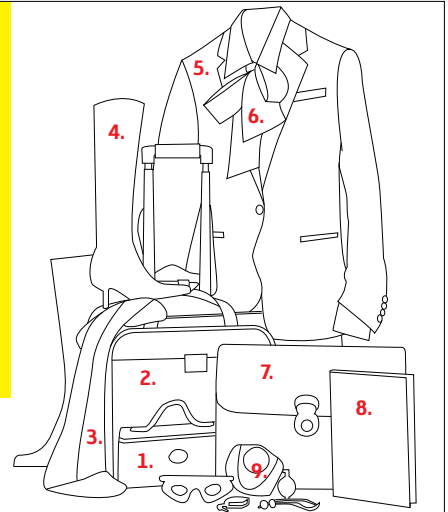
**3. FERRAGAMO** Scarf in a wool, silk and cashmere blend, \$150, in Chocolate Brown (800-555-7467 or 212-705-2000, [www.ferragamo.com](http://www.ferragamo.com))

**4. LILY HOLT** Capulet stretch boot, \$305, in Camel (561-833-9668, [www.lilyholt.com](http://www.lilyholt.com))

**5. CALVIN KLEIN** Bali Combo jacket, \$248, and flat-front pant, \$148, in a pale-gray wool blend. Available at Macy's. (800-456-2297, [www.calvinklein.com](http://www.calvinklein.com))

**6. ELIE TAHARI** Celia shirt, \$148, with detachable bow, in 95 percent cotton and 5 percent spandex (888-908-1151 or 212-334-4441, [www.elietahari.com](http://www.elietahari.com))

**7. DOONEY & BOURKE** Leather folio with lock, \$375, in Natural (800-347-5000 or 212-223-7444, [www.dooney.com](http://www.dooney.com))



**8. WOMEN & MONEY** *Owning the Power to Control Your Destiny*, \$24.95, by Suze Orman, published by Spiegel & Grau ([www.randomhouse.com/spiegelandgrau](http://www.randomhouse.com/spiegelandgrau))

## Got Gadget?

**9. MINDSPA** \$279.90, by A/V Stim (888-991-0368 or 415-459-7724, [www.avstim.com](http://www.avstim.com)). If you can't get to the spa, why not let the spa come to you? The portable Mind-Spa Personal Development System uses light and sound frequencies to shift the mind into either a deeply relaxed state or a state of cognitive stimulation. Simply plug in either the CalmBlue LEDS glasses (for a more subdued experience) or the white LEDS glasses (for a more stimulating experience). Then plug in the ear buds and choose one of the 12 programs, ranging from 10 to 40 minutes. We like the 10-minute Alpha Recharge. When the blinking lights and beeping sounds subside, you'll be surprisingly refreshed. —Waynette Goodson



## Say “Fresh”!

Travel can be glamorous, but few of us would want our picture taken as we step off a plane. Frequent traveler Sheila Cluff, founder of The Oaks at Ojai and The Palms at Palm Springs spas, has these tips to be ready for your close-up after a long flight:

**PREFLIGHT** How you'll feel postflight is affected by your preflight prep. The scalp tends to get oily when you fly, so start squeaky clean by washing your hair as close to flight time as possible. Women should skip goopy makeup; if necessary you can pretty up in the lavatory before landing. Cluff collects samples of moisturizers and other beauty products from cosmetics counters to carry along in a TSA-approved ziplock bag.

**EQUIPMENT CHECK** Cluff recommends starting with a layer of baby or mineral powder to keep skin dry. Then choose breathable underwear (and no underwires). Wear an outfit that doesn't require a belt or pantyhose. Linen blends are comfortable and wrinkle-resistant; Cluff is a fan of TravelSmith clothing.

**LIFTOFF** “Do a little mini-facial in the airplane bathroom,” Cluff says. “It's amazing how much better that will make you feel!” She moisturizes her hands, her arms and the back of her neck during the flight. Men should shave before landing.

**SMOOTH LANDING** Keep your blood circulating by moving your legs and feet, doing a flutter kick, flexing and pointing feet, pretending to pedal a paddle boat. Spread your feet as far as possible and drop your head toward the floor. Stand up and walk at least every three hours, if possible. Rise up and down on your toes. When you arrive at your destination, try to work in at least 30 minutes of exercise right away to keep yourself going the rest of the day. —Sophia Dembling